

ADULT CARE HOME



Each Adult Care Home generally has the following:

- 24-hour access to personal care staff
- No more than 5 private resident rooms
- Usually with private ½ baths
- An emergency communication system (pull cord and pendants)
- 3 meals a day and snacks
- Daily/weekly housekeeping
- Daily/weekly personal laundry and linens
- Fully accessible bathroom and grab bars, easy-to-use shower
- Basic cable, internet, and all utilities (except personal phone)
- Each community has some amenities and activities specific to that location
- Will accommodate Home Health (PT, OT, speech therapy) in the home and
- Follow the therapy advice given to help strengthen the resident.
- Each community usually works with a specific pharmacy that they can refill from and have medications delivered. Your normal co-pays will apply.
- Works in close cooperation with whatever hospice agency you choose

Base rent for each room typically includes the items noted above.

Additional care costs will be added based on what you may need (such as help showering, bed mobility, and/or medication management). Once you have toured and decided which location you prefer, an assessment will be made to determine your individual care costs. There will be another assessment 30 days after you move in to ensure your needs are met.

Most adult foster homes have an average base rent of:

- \$5,000 a month (incontinence supplies included)

Care costs average:

- \$1900 minimum assistance
- \$2500 moderate assistance
- \$3,000-\$4,000 maximum assistance

Hospital beds are typically provided, but residents may prefer to bring in their own furnishings and decorations.