

MEMORY CARE



Here is some basic info about Memory Care facilities in Oregon for long-term care so that you can have a better idea of what it is exactly. You can access public reports on all these communities at this website: <https://ltclicensing.oregon.gov/Facilities>. You do not need to navigate this site; I will link the state report to any communities I recommend. But I want you to have access to this resource. I just like to provide a brief overview for families.

Each memory care generally has:

- 24-hour access to personal care staff
- RN/LPN in building 40-80 hours per week and on call
- An emergency communication system (pull cord and pendants)
- 3 meals a day and snacks
- Weekly housekeeping
- Weekly personal laundry and linens
- Private room and typically a half bath
- Fully accessible bathroom and grab bars, easy-to-use shower
- Basic cable, internet, and all utilities (except personal phone)
- Each community has some amenities and activities specific to that location
- Will accommodate Home Health (PT, OT, speech therapy) in the community and follow the therapy advice given to help strengthen the resident.
- Incontinence supplies are usually provided by the family and are not included in the overall cost.
- Each home usually works with a specific pharmacy that they can refill from and have medications delivered. Your normal co-pays will apply.
- Works in close cooperation with whatever hospice agency you choose

Each room has base rent, and then additional care costs will be added based on what you need. For example, help to shower, bed mobility, and medication management. The care costs are determined after an assessment after you have toured and decided which location you prefer. Once you move in, there should be another assessment after 30 days to ensure your needs are met. Most memory care units have a monthly base rate of \$6000 (average), with individual care costs on top of that. The care costs vary and are determined after an assessment by the care home provider. But on average, the total monthly cost could be anywhere from \$6,500 - \$9,500. Residents' families typically furnish the rooms or studios. Most communities require a one-time Community Fee of \$2,500-\$10,000.